

## CPD Overview

To ensure the best possible opportunities for our young people to develop their swimming skills, we have put together a package of CPD to support school staff when at the swimming pool.

The swimming pool will provide at least one ASA qualified swimming teacher, who will take overall charge of the swimming lessons. The aim of this CPD provision is to help school staff to deliver effective swimming tuition alongside the pool teacher. In order to do this we recommend the following guidance:

1. All staff who attend the pool should attend 1 x Pool-based **Introduction to Swimming** course. In addition each school should ensure that at least one member of staff attends EVERY year to ensure changes to emergency and other procedures are understood and communicated to relevant school staff. These are currently **FREE to access**.
2. Each school should have at least one person who holds (or is working towards) one of the following **ASA qualifications**. However it is highly recommended that all staff should hold this.
  - An existing ASA swimming qualification
  - ASA Module 1
  - ASA Module 2

Priority for booking places will be based upon ensuring the funding helps all schools meet the minimum CPD recommendations. Because of this, there may be limitations on the number of **additional** staff that can attend from any one school. Should you wish to send more staff, please contact Claire Hayfield ([claire.hayfield@southglos.gov.uk](mailto:claire.hayfield@southglos.gov.uk))

### Funding

All the courses listed are currently provided **FREE**, either by South Gloucestershire Leisure Trust or through the School Sports Partnership (SSP).

No funding is provided to cover the teacher's time away from school. Course times have been planned to offer opportunities throughout the day to ease timetabling issues.

**Module 1 and 2 courses will currently be delivered through 1 day of PLT allocation.**

## CPD - 2007/08

### CPD Swimming Calendar

#### Introduction to Swimming Course

- Thurs 27th March 08. 3-5pm (Thornbury Leisure Centre) - Thornbury Cluster.
- Tues 1st April 08. 9-11am (Longwell Green Leisure Centre) - Longwell Green Cluster.

#### Module 1 - Teachers, AOTT's & TA's Course

Dates for further Module 1 and 2 courses will be confirmed by Claire Hayfield.

### Accessing CPD Training Courses

To book any of the above swimming courses:

- use the electronic booking system on CYP website
- or
- email [jeanette.quinn@southglos.gov.uk](mailto:jeanette.quinn@southglos.gov.uk)

An annual audit of training needs will be carried out.

## INTRODUCTION TO SWIMMING COURSE

As part of South Gloucestershire's swimming development programme it is hoped that this short 2 hour Introduction to Swimming course is the minimum standard for any school staff (teachers, teaching assistants, parents etc), who teach / coach / support on poolside. It is not aimed at staff who undertake supervision or changing room roles.

The course will cover:

- Basic safety knowledge
- Guidance on teaching beginners
- Guidance on teaching recognised strokes

The course will involve a theory section but is mostly practical work on poolside (you will not be required to go in the pool unless you have volunteered). Therefore please bring appropriate clean footwear to wear on poolside. This course is non-assessed and is not accredited to the Amateur Swimming Association (ASA), although a certificate of attendance will be issued.

**Where possible please attend the course wherever your school swims.**

Tutors: Tops Swimming tutors - all fully ASA qualified.

Please note that your place on this course is only secure on receipt of a confirmation letter, which will be **e-mailed** to your school. Please do not attend the course without having received this letter. An administrative fee will be charged if delegates fail to attend without at least 24 hours notice.

## ASA MODULE 1

### **Introduction:**

To equip a qualified school teacher with the skills to teach a limited range of basic aquatic skills to a small group of children at the non swimmer / beginner and improver stage. This teaching would be under the supervision of a holder of either the ASA Level 2 Certificate for Teaching/Coaching or the Primary School Teacher Certificate for the Teaching of Swimming or other equivalent qualification (this does not include appropriate life guarding provision).

### **Duration:**

7 hours

### **Entry requirements:**

- Adults other than Teachers are permitted to attend this course and will be awarded the Adults other than Teachers (AOTTs) Helper Certificate. Qualified Teacher Status (QTS) staff earn the Module 1 accreditation.
- Teachers in training may also take part. A letter confirming attendance on the programme will be provided which can be exchanged for a certificate on completion of the teacher training course and submission of the appropriate evidence
- Holder of the ASA Level 2 Certificate for Teaching Swimming (Units 1, 2 and 3 minimum) or ASA Level 2 Certificate for Teaching Aquatics (or equivalent)

### **Units:**

5 hours theoretical content including the use of the TOPS Swimming Cards, 2 hours practical content to include:

- Practical application of Health and Safety provision.
- The teacher working with an individual pupil/ small group e.g. up to 6 pupils.
- The teacher in the water to illustrate basic principles.
- Aspects of water safety.
- Development of those skills included in the syllabus; use of TOPS Swim Cards.
- Teaching demonstration by the Course Tutor.

NB The exact detail of the content of the practical session will be decided through consultation between the course tutor and the course organiser. There is flexibility to increase the amount of practical activity and hereby reduce the 5 hours theoretical content.

### **Assessment:**

The course will be non-assessed. An attendance certificate will be issued

## ASA MODULE 2

### **Introduction:**

This certificate will equip a qualified school teacher with the skills to teach a range of aquatic skills to groups of children without additional supervision (this does not include appropriate life guarding provision). The number in the group is determined by the ability of the swimmers and industry recommendations relating to teacher ratios as stated in the publication 'Safe Supervision for the Teaching and Coaching of Swimming'. Once Modules 1 and 2 have been completed, candidates will be awarded the ASA Primary School Teacher Certificate for the Teaching of Swimming.

### **Duration:**

10 hours

### **Entry requirements:**

Any of the following

- Qualified School Teacher (QTS) status
- Having attended Module 1 within the last 2 years
- Teachers in training may also take part. A letter confirming attendance on the programme will be provided which can be exchanged for a certificate on completion of the teacher training course and submission of the appropriate evidence.

### **Units:**

6 hours theoretical content. 4 hours practical content to include:

- TOP Sport Swimming
- Practical application of Health and Safety provision
- Development of those skills included in this syllabus
- Working with a group
- Working with different abilities
- A lesson demonstration given by the tutor illustrating a mixed ability lesson

NB The exact detail of the content of the practical session will be decided through consultation between the course tutor and the course organiser. there is flexibility to increase the amount of practical activity, thus reducing the 6 hours theoretical content.

### **Assessment:**

Each teacher will be continuously assessed within the practical context through the use of an assessment checklist, oral questioning and logbook. Throughout the course there should be a gradual increase in the number of pupils taught. Teachers should be given the opportunity to teach a group comprising of between 8-12 swimmers.