

Date for Release	From	Contact Tel	Email
16/08/07 For Immediate Release	Fiona West Marketing Manager	01454 867062	fiona.west@southglos.gov.uk

Title:

Summer Entertainment

Body:

Are you stuck trying to find new ways to entertain the kids this summer? Thornbury Leisure Centre is packed full of diverse activities to help entertain and educate your child over the summer holidays. There is something for everyone from FREE Bicycle safety tuition to skateboard instruction. If you prefer to splash about in the pool there are splashtastic sessions and beach pool parties or why not give scuba diving a try in one of the instructed sessions. For those who are not so sporty there is also a hands-on interactive 'Mad Science' workshop and for the more creative, an artistic beach craft session. Activities also include trampolining, under 5's gym, football, family roller skating and fun and games activities.

There is also the opportunity for parents to drop their children off for the day at one of Thornbury's Leisure Centre's, 'Escape From Parents' day camps. Your child will be entertained through a select, variety of activities varying from swimming, bouncy castles, sports, go-karts, trampolining and arts and crafts.

If you are aged between 12-16 years, wanting to improve your health and fitness levels on a more personal level, then perhaps Bridges Health and Fitness Club is for you. Take the opportunity to use the gym every day in the holiday and transform your health.

For further information or bookings please call Thornbury Leisure Centre on 01454 865777 or visit our website at www.sgleisure.org.

Ends

Notes for Editors:

- **Thornbury Leisure Centre** is one of five Leisure Centres run by South Gloucestershire Leisure Ltd.
- **South Gloucestershire Leisure Ltd** - South Gloucestershire Leisure Ltd is a charitable trust established in November 2005. It operates the four leisure centres in South Gloucestershire on behalf of South Gloucestershire Council. The Trust is overseen by a board of voluntary trustees.
- **Press releases** – All press releases can be found online at: www.sgleisure.org/press_releases

South Gloucestershire Leisure