

Date for Release	From	Contact Tel	Email
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**Title:**

## “Young Rookie Receives Award”

**Body:**

Over the years Thornbury Leisure Centre has become renowned for its success with its 'Rookie' Junior Life Saving swimming club. The 'Rookies' who are tutored by Rod Chidgey, with the help of Ann Harrison, Mark Roberts and the older Rookies recently held an award ceremony for their members on Saturday 8<sup>th</sup> December.

Charlotte Harrison received a very special award, the coveted RLSS Rookie Young Lifesavers, 'Frog Badge' award. This award is for younger members who are outstanding in their efforts to improve their swimming and life saving skills. In its 14 years of running, 'The Rookies' have only ever awarded 4 previous 'Frogs'; this is a great achievement.

Further more Bronze Medallion Life Saving awards were also awarded to the Advanced Rookies whilst the Award of Merit Medallion went to the Senior Rookies. Both Senior and Advanced Rookies also collected their Life Support Certificates as confirmation of their ability in water rescue skills to help prevent a loss of life.

The 'Rookies' meet each Saturday evening between 7-8pm at Thornbury Leisure Centre. If you think you could be a Rookie or are interested in advance water lifesaving skills or wish to become a lifeguard please contact Thornbury Leisure Centre on 01454 865777 or email [tlc@southglos.gov.uk](mailto:tlc@southglos.gov.uk)

**Ends**

**Notes for Editors:**

- **Thornbury Leisure Centre** is a part of **South Gloucestershire Leisure Ltd** - South Gloucestershire Leisure Ltd is a charitable trust established in November 2005. It operates the five leisure centres in South Gloucestershire on behalf of South Gloucestershire Council. The Trust is overseen by a board of voluntary trustees.
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