

Date for Release	From	Contact Tel	Email
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Title:

“Kingswood swimmers make a splash to top swim challenge”

Body:

Kingswood Leisure Centre swimmers are the winners in this summer’s Severn Bridges Swim Challenge, a joint promotion between South Gloucestershire Leisure and Active for Life, to encourage more people to swim.

Swimmers were challenged to complete a cumulative total of 5,000 metres in local pools during South Gloucestershire’s month-long Aquatics festival. The aquatics festival was used to highlight the fantastic swimming facilities available to the people of South Gloucestershire, which has one of the best residents to swimming pool ratios in the whole of the UK. The festival was dedicated to swimmers of different ages and abilities, and organised to celebrate the opening of South Gloucestershire’s newest swimming pool at Longwell Green.

Kingswood Leisure Centre was the top pool with eight swimmers completing the challenge, aged 34 to 74. The swim challenge was also held at other South Gloucestershire Leisure pools including Bradley Stoke, Longwell Green, Thornbury and Yate.

Jim Mail (71) of Pucklechurch, who represents older swimmers at Kingswood said, “It’s a pleasure to help people get more out of swimming. We have a great group of swimmers here at Kingswood”.

Centre Manager of Kingswood Leisure Centre Lisa Vyner said, “The regular swimmers are fantastic to have around, especially the over 50 yrs. They have such a great attitude towards swimming and fantastic enthusiasm for the sport, it’s very commendable”.

Ends

Notes for Editors:

- **South Gloucestershire Leisure Ltd** - South Gloucestershire Leisure Ltd is a charitable trust established in November 2005. It operates five leisure centres in South Gloucestershire on behalf of South Gloucestershire Council. The Trust is overseen by a board of voluntary trustees.
- **Press releases** - All press releases can be found online at: www.sgleisure.org/press_releases

South Gloucestershire Leisure

- **Details of the presentation** – Presentation begins at 11.30am (please arrive by 11.15am), Tuesday 18th September, Kingswood Leisure Centre. Jim Mail and several other swimmers will be available for a photograph at Kingswood Leisure Centre's Swimming Pool. **All photographers are welcome.**

South Gloucestershire Leisure

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