

Date for Release	From	Contact Tel	Email
For Immediate Release	Chris Gowen Marketing Assistant	01454 867065	chris.gowen@southglos.gov.uk

Title:

“Pete Knocks Out Opposition”

Body:

Pete Douglas, coach at the Bradley Stoke Judo Club, has been crowned the 2007 British Judo Masters Champion. Competing in arguably the toughest category at the British Masters in Theford on the 29th September, in the men's u90 kg, he was able to secure his third British Masters title.

He had a tough first round coming up against former World champion Andy Morris. In the semi-final he faced current World silver medallist Derek Hopkins. His opposition in the final came in the shape of former World medallist Steve Cross, who was perhaps the favourite for the gold medal at the start of the competition. But this debate was settled within the first minute of the final as Pete used his trademark Kata Guruma, a dramatic shoulder throw, to win the title.

Pete wished to thank the management and staff at Bradley Stoke Leisure Centre and Bradley Stoke Judo Club. All of Pete's training has been conducted at Bradley Stoke Leisure Centre, from “the extra sessions on the mat, to the use of Bridges Gym with its superb modern equipment”.

For the last 18 months Craig Curtis, a former World medallist, has been a regular visitor to Bradley Stoke Judo Club when preparing for competitions. He has acknowledged that one of the major factors behind him winning a medal in last years World Masters competition was because of the support and advice provided by Pete Douglas and the rest of the team at the Bradley Stoke Judo Club.

Bradley Stoke Judo Club caters sessions for 5-75 year olds and runs on Mondays and Thursdays 6-10pm and Saturdays 9-12am at Bradley Stoke Leisure Centre. To book your place call Bradley Stoke Leisure Centre on 01454 867050.

Ends

Notes for Editors:

- **South Gloucestershire Leisure Ltd** - South Gloucestershire Leisure Ltd is a charitable trust established in November 2005. It operates the five leisure centres in South Gloucestershire on behalf of South Gloucestershire Council. The Trust is overseen by a board of voluntary trustees.
- A photograph of Pete with his Judo class and gold medal is available. To obtain a copy to accompany the story, please contact Marketing.

South Gloucestershire Leisure

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- **Press releases** - All press releases can be found online at: www.sgleisure.org/press_releases

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